

Classroom Cooking A La Carte'



GRANT RECIPIENTS

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NYS STANDARD

ELA, MST

GRADE LEVEL

Pre-K

STUDENTS SERVED

350 students

PROGRAM DESCRIPTION

Classroom Cooking A La Carte' will allow teachers to develop a mobile cooking program for an entire school building. Cooking A La Carte' will allow classrooms to access a mobile cooking center with modular appliances, utensils, materials, and classroom cooking guides to extend thematic activities, promote healthy lifestyles, and extend positive nutritional information to students and their families.

Cooking activities are a standard in early childhood education. Due to budget, space, and safety constraints most activities involve simple ingredients that are assembled with little preparation or actual cooking. Cooking A La Carte' will employ a mobile cooking cart that provides a safe place to use small appliances in all classrooms and learning spaces in the building. Students see and participate in real cooking activities that approximate the home setting. After using the mobile unit teachers move it out of the classroom for use in another room, easy clean-up, and safe storage.

STUDENT OUTCOMES

- Students demonstrated ability to follow appropriate food preparation procedures such as washing hands, organizing materials, cleaning up.
- Students demonstrated appropriate use of utensils for cooking and eating: Fork, spoon, hand mixer, butter knife, spreader.
- Students identified cooking activities that require adult assistance such as using electric appliances or using sharp knives.
- Students demonstrated their ability to read words with picture symbols on directions such as: recipe, cup, spoon, bowl, cut, mix, pour, cook, eat.
- Students demonstrated their ability to count and measure ingredients using standard cooking utensils.
- Students identified healthy foods when presented in a group of choices.